The mission of **Torah Is Geshmack** is to bring out the richness and enjoyment of Torah for everyone, and in doing so bring them closer to Hashem.

תשפ״ו

Ingrained: When Deviating Becomes Painful

Dovid Kopel

When I became frum, one of the hardest things I had to do was reprogram my mind. After קידוש on שבת, when they pass around the little cups you have to drink, you do not say thank you and walk away. But in my brain, the sense of acknowledgment was so ingrained that I would say thank you and then go. Oh no!

We need to get to that place with every aspect of our עבודת השם — that it becomes so ingrained in us that it becomes painful to deviate. Did I not say a ברכה? Did I not put on תפילין? It needs to become ingrained in our nature.

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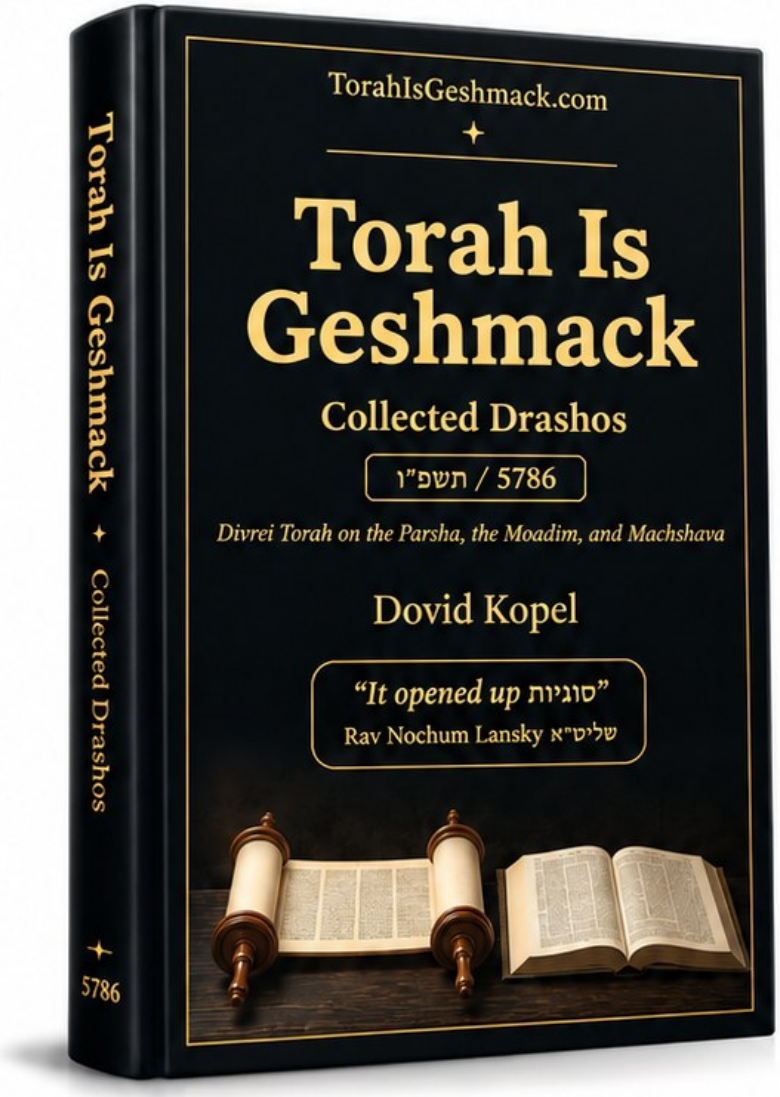
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